

Learning Journal

From insight to execution

About this journal

Learning is not a passive process. It's not simply the consumption of information. It may begin there. But it must be taken further.

True learning comes when we consume information – and then intentionally take action. We practice, test, learn, fall, get up, reflect, try again. To do this and do it well requires accountability.

This Learning Journal is designed to be that means of accountability for you – keeping you practicing, experimenting, implementing, and building skills and capabilities over time. It will also serve as your cheerleader, your artifact of victory, and a great tool to use in capturing and celebrating your progress over time.

You are invited to fill this journal with your actions, victories, and insights. By simply recording what you've done, what you've learned, and what impact you've delivered, you'll see your capability, your confidence, and your ability to move your team forward expand!

Your journal

What I did	What I learned from that action	What impact I delivered
<i>Ex. I finally gave James that difficult piece of feedback I've been hesitating to give because I was anticipating an awkward conversation.</i>	<i>Ex. It was an awkward conversation. But also an important one – and I felt comfortable doing it because I had a simple framework for giving feedback that made it feel less about James and more about the work.</i>	<i>Ex. By t leaning into my own discomfort, I've helped James to identify a growth opportunity. He's starting to action my feedback, and I see the quality of his work improving already!</i>

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